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QCR HOLD Form 4	DINGS INC									
February 03.	ЛЛ	STATES					NGE C	COMMISSION		PPROVAL
Washington, D.C. 20549Check this box if no longer subject to Section 16.Form 4 or 						Number: 3235-0287 Number: January 31, 2005 Estimated average burden hours per response 0.5				
(Print or Type]	Responses)									
HELLING LARRY J Symbol			Symbol	uer Name and Ticker or Trading l HOLDINGS INC [QCRH]				5. Relationship of Reporting Person(s) to Issuer		
(Last) 3551 7TH S					_	ZCR	[1]	(Check all applicable) <u>X</u> Director <u>10%</u> Owner <u>X</u> Officer (give title <u>Other</u> (specify below) President/CEO CRBT		
MOLINE, I	(Street) L 61265			ndment, Da th/Day/Year	-	l		6. Individual or Jo Applicable Line) _X_ Form filed by 0 Form filed by M Person	One Reporting Pe	erson
(City)	(State)	(Zip)	Tabl	e I - Non-D	erivative	Secur	rities Acq	uired, Disposed of	, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Dat (Month/Day/Year)	Executio: any	med n Date, if Day/Year)	3. Transactio Code (Instr. 8) Code V	(Instr. 3, -	spose	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	02/01/2016			А	2,590	А	\$ 22.64	15,129.85	D	
Common Stock								36,450	Ι	by IRA
Common Stock								19,273.49	I	by Managed Account
Common Stock								4,233.975	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Ame Underlying Secu (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Ai or Ni of Sh
Non-Qualified Stock Option (right to buy)	\$ 22.64	02/01/2016		А	8,379	02/01/2017(1)	02/01/2026	Common Stock	8

Reporting Owners

Reporting Owner Name / Address	Relationships						
	Director	10% Owner	Officer	Other			
HELLING LARRY J 3551 7TH STREET SUITE 204 MOLINE, IL 61265	Х		President/CEO CRBT				
Signatures							

By: Rick J Jennings For: Larry J Helling

02/03/2016

**Signature of Reporting Person

Date

Explanation of Responses:

If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) These options are exercisable in annual increments of 25% each, with the first 25% vesting on the first anniversary of the option grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.