AVALON HOLDINGS CORP Form SC 13G February 12, 2010

3 SEC Use Only

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, DC 20549

SCHEDULE 13G Under the Securities and Exchange Act of 1934 (Amendment No)
Avalon Holdings CorpA
(Name of Issuer)
Class A Common Stock
(Title of Class of Securities)
05343P109
(CUSIP Number)
December 31, 2009
(Date of Event Which Requires Filing of this Statement)
Check the appropriate box to designate the rule pursuant to which this Schedule is filed:
[X] Rule 13d-1 (b) [] Rule 13d-1 (c) [] Rule 13d-1 (d)
* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.
The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act, but shall be subject to all other provisions of the Act (however, see the Notes.)
CUSIP NO. 05343P109 13G
Name of Reporting Person / IRS Identification Number: Advisory Research, Inc. / 36-2831881
Check the Appropriate Box if a Member of a Group (a) [] (See Instructions) (b) []

Citizenship or Place of Organization Delaware ______ Number of 5 Sole Voting Power Shares 375703 Shares Beneficially 6 Shared Voting Power 0 Shares Owned By _____ Each 7 Sole Dispositive Power Reporting 375703 Shares Person 8 Shared Dispositive Power 0 Shares With Aggregate Amount Beneficially Owned by Each Reporting Person 375703 Shares _____ 10 Check if the Aggregate Amount in Row (9) Excludes Certain Shares [] (See Instructions) 11 Percent of Class Represented by Amount in Row (9) 11.77% 12 Type of Reporting Person -----Item 1 (a) Name of Issuer: Avalon Holdings Corp. Class A Item 1 (b) Name of Issuer's Principal Executive Offices: One American Way Warren, OH 44484 Item 2 (a) Person Filing: Advisory Research, Inc.
Item 2 (b) Address: 180 North Stetson St., Suite 5500 Chicago, IL 60601 Item 2 (c) Citizenship: Advisory Research, Inc. is a Delaware Corporation Item 2 (d) Title of Class of Securities: Class A Common Stock Item 2 (e) CUSIP Number: 05343P109 If this statement is filed pursuant to Rules Item 3 13d-1(b) or 13d-2(b), check whether the person filing is a: (a) [] Broker or Dealer registered under Section

(b) [] Bank as defined in Section 3(a)(6) of the

15 of the Act

	(b) [] Bank as defined in Section 3(a)(6) of the Act
	(c) [] Insurance Company as defined in Section 3(a)(19) of the Act
	(d) [] Investment Company registered under Section 8 of the Investment Company Act
	(e) [X] Investment Advisor in accordance with section 240.13d-1(b)(1)(ii)(E)
	<pre>(f) [] Employee Benefit Plan or Endowment Fund in accordance with section 240.13d-1(b) (1)(ii)(F)</pre>
	<pre>(g) [] Parent Holding Company or Control Person in accordance with section 13d-1(b) (1)(ii)(G)</pre>
	(h) [] A savings association as defined in section 3(b) of the Federal Deposit Insurance Act
	(i) [] A church plan that is excluded from the definition of an investment company under section 3(c)(14) of the Investment Company Act of 1940
Item 4	Ownership
	(a) Amount Beneficially Owned: Advisory Research, Inc. 375703 Shares
	(b) Percent of Class 11.77%
	(c) Number of shares as to which reporting person has: (i) Sole Voting Power 375703 Shares (ii) Shared Voting Power 0 Shares (iii) Sole Dispositive Power 375703 Shares (iv) Shared Dispositive Power 0 Shares
Item 5	Ownership of Five Percent or Less of a Class: If this statement is being filed to report the fact that as of the date hereof the reporting person has ceased to be the beneficial owner of more than five percent of the class of securities, check the following []
Item 6	Ownership of More than Five Percent on Behalf of Another Person: Not Applicable
Item 7	Identification and Classification of the Subsidiary Which Acquired the Security being Reported on by the Parent Holding Company: Not Applicable
Item 8	Identification and Classification if Members of the Group: Not Applicable
Item 9	Notice of Dissolution of Group: Not Applicable

Item 10 Certification

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were acquired and are held in the ordinary course of business and were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of such securities and were not acquired and are not held in connection with or as a participant in any transaction having such purposes or effect.

SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

02/12/2010

Date

/s/ Brien M. O'Brien

Signature

Brien M. O'Brien, Chairman & CEO

Name/Title