Nelson Kimberly A Form 4 September 12, 2012

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

Check this box if no longer subject to

Section 16. Form 4 or

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL

OMB Number:

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(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * Nelson Kimberly A

(Middle)

2. Issuer Name and Ticker or Trading Symbol

GENERAL MILLS INC [GIS]

3. Date of Earliest Transaction (Month/Day/Year)

09/10/2012

NUMBER ONE GENERAL MILLS **BOULEVARD**

(First)

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify below)

Senior Vice President

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

MINNEAPOLIS, MN 55426

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned							
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securit ord Dispos (Instr. 3, 4)	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	09/10/2012		M M	42,000	A	\$ 21.93	136,433.833	D	
Common Stock	09/10/2012		S	42,000 (1)	D	\$ 39.2588 (2)	94,433.833	D	
Common Stock	09/10/2012		M	39,376	A	\$ 23.055	133,809.833	D	
Common Stock	09/10/2012		S	39,376 (1)	D	\$ 39.2588 (2)	94,433.833	D	
							3,501	I	

Common by Trust Stock (3)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Secur (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option (right to buy)	\$ 21.93	09/10/2012		M	4	2,000	12/16/2006	01/16/2013	Common Stock	42
Non-Qualified Stock Option (right to buy)	\$ 23.055	09/10/2012		M	3	9,376	12/15/2007	01/15/2014	Common Stock	39

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

Nelson Kimberly A

NUMBER ONE GENERAL MILLS BOULEVARD MINNEAPOLIS, MN 55426

Senior Vice President

Signatures

By: Christopher A Rauschl For: Kimberly A
Nelson
09/12/2012

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares were sold pursuant to a 10b5-1 trading plan dated August 7, 2012.

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- (2) Represents the weighted average of actual sale prices that range from \$39.17 to \$39.37. Full information regarding the number of shares sold at each separate price is available upon request of the Securities and Exchange Commission or any security holder of the company.
- (3) Held in Trust by the Trustee of the General Mills Savings Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.