Craven Hannah Stone Form 4 January 17, 2019

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

OMB Number:

3235-0287 January 31,

2005

0.5

Expires: Estimated average

burden hours per response...

10% Owner

6. Ownership 7. Nature of Form: Direct Indirect

> Beneficial Ownership

(Instr. 4)

Other (specify

if no longer subject to Section 16. Form 4 or Form 5

obligations

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Last)

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person *

Craven Hannah Stone

2. Issuer Name and Ticker or Trading

Symbol

CARROLS RESTAURANT GROUP, INC. [TAST]

3. Date of Earliest Transaction

(Month/Day/Year) 01/15/2019

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

900 THIRD AVENUE, 33RD **FLOOR**

(Street)

(State)

(First)

(Middle)

(Zip)

4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X_ Director

Officer (give title

X Form filed by One Reporting Person Form filed by More than One Reporting

(D) or

Indirect (I)

(Instr. 4)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

NEW YORK, NY 10022

1.Title of	2. Transaction Date	2A. Deemed	3.	4. Securities Acquired	5. Amount of
Security	(Month/Day/Year)	Execution Date, if	Transactio	on(A) or Disposed of	Securities
(Instr. 3)		any	Code	(D)	Beneficially
		(Month/Day/Year)	(Instr. 8)	(Instr. 3, 4 and 5)	Owned
					Following
				()	Reported
				(A)	Transaction(s)
				or	(Instr 3 and 4)

Common

value

Stock, 01/15/2019 \$0.01 par

10.549

Amount

Code V

Price

(D)

41.091

D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date		4.	5.	6. Date Exerc		7. Title a		8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	onNumber	Expiration D	ate	Amount	of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Underlyi	ing	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securitie	es	(Instr. 5)	Bene
	Derivative				Securities			(Instr. 3	and 4)		Own
	Security				Acquired						Follo
					(A) or						Repo
					Disposed						Trans
					of (D)						(Instr
					(Instr. 3,						
					4, and 5)						
								А	mount		
								01			
						Date	Expiration		umber		
						Exercisable	Date	of			
				Code V	(A) (D)			SI	hares		

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
Craven Hannah Stone 900 THIRD AVENUE 33RD FLOOR NEW YORK, NY 10022	X					

Signatures

Person

/s/ Hannah Stone
Craven

**Signature of Reporting
Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares were granted to the Reporting Person pursuant to the Issuer's 2016 Stock Incentive Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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