LANDY EUGENE W

Form 4

February 28, 2019

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

OMB
3235-0287

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Number: 3235-0267 Expires: January 31, 2005

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Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response...

Estimated average

See Instruction 1(b).

Stock

(Print or Type Responses)

1. Name and Address of Reporting Person * LANDY EUGENE W			2. Issuer Name and Ticker or Trading Symbol	5. Relationship of Reporting Person(s) to Issuer			
			MONMOUTH REAL ESTATE INVESTMENT CORP [MNR]	(Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)	_X_ Director 10% Owner _X_ Officer (give title Other (specify			
3499 RT. 9 NORTH, SUITE 3D			02/27/2019	below) below) Chairman of the Board			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
FREEHOLD, N	NJ 07728		Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State)	(Zip) Tal	ble I - Non	-Derivativ	e Secu	rities Aco	quired, Disposed	of, or Benefic	cially Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securit on(A) or Dis (Instr. 3, 4	sposed	of (D)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
MNR Common Stock	02/27/2019		M	40,000 (1)	A	\$ 8.72	918,732.738	D	
MNR Common Stock	02/27/2019		S	20,000 (2)	D	\$ 13.34	898,732.738	D	
MNR Common							179,405	I	Eugene W. Landy and Gloria Landy

Family Foundation

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MNR Common Stock	39,361.087	I	Juniper Plaza Associates		
MNR Common Stock	29,527.275	I	Windsor Industrial Park Associates		
MNR Common Stock	97,913.57	I	Spouse		
MNR Common Stock	13,048	I	Landy Investments, Ltd.		
MNR Common Stock	184,293.62	I	Landy & Landy Employees' Pension Plan		
MNR Common Stock	217,426.819	I	Landy & Landy Employees' Profit Sharing Plan		
Deminder Depart on a congrete line for each class of sequenties beneficially around directly or indirectly					

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exerci- Expiration Dat (Month/Day/Y	e	7. Title and 2 Underlying 9 (Instr. 3 and	Secur
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Am or Nu of S
Non-Qualified Stock Option to Purhcase Common Stock	\$ 8.72	02/27/2019		M	40,000	01/03/2019	02/28/2019	MNR Common Stock	40

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Stock Option to Purchase Common Stock	\$ 12.86	01/10/2020	01/10/2027	MNR Common Stock	65
Qualified Stock Option to Purchase Common Stock	\$ 17.8	01/03/2019	01/03/2026	MNR Common Stock	65
Qualified Stock Option to Purchase MNR Common Stock	\$ 15.04	01/04/2018	01/04/2025	MNR Common Stock	65
Qualified Stock Option to Purchase MNR Common Stock	\$ 10.37	01/05/2017	01/05/2024	MNR Common Stock	65
Qualified Stock Option to Purchase MNR Common Stock	\$ 11.16	01/05/2016	01/05/2023	MNR Common Stock	65
Qualified Stock Option to Purchase Common Stock	\$ 8.94	01/03/2015	01/03/2022	MNR Common Stock	65
Qualified Stock Option to Purchase Common Stock	\$ 10.46	01/03/2014	01/03/2021	MNR Common Stock	65
Qualified Stock Option to Purchase Common Stock	\$ 9.33	01/03/2013	01/03/2020	MNR Common Stock	65

Reporting Owners

Reporting Owner Name / Address	Relationships
Ranarting (Iwnar Nama / Address	

Reporting Owners 3

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Director 10% Owner Officer Other

LANDY EUGENE W 3499 RT. 9 NORTH SUITE 3D FREEHOLD, NJ 07728

Chairman of the Board

Signatures

Eugene W.
Landy

**Signature of Date

Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

X

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of Stock Option.
- (2) Shares sold to exercise stock option. Price range of shares sold \$13.33 to \$13.345. Detail breakdown on file.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 4