Schmidt Herbert J Form 4 January 30, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16. Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

Form 5

obligations

may continue.

See Instruction

(Print or Type Responses)

1. Name and Address of Schmidt Herbert J	Reporting Person *	2. Issuer Name and Ticker or Trading Symbol Con-way Inc. [CNW]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First	t) (Middle)	3. Date of Earliest Transaction				
1717 NW 21ST AV	E	(Month/Day/Year) 01/26/2012	Director 10% Owner _X Officer (give title Other (specify below) EVP & President - CNT			
(Stree	et)	4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
PORTLAND, OR 9	7209	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned 1.Title of Security (Month/Day/Year) Execution Date, if TransactionDisposed of (D) Securities Ownership of Indirect (Instr. 3) (Month/Day/Year) (Instr. 8) Owned Direct (D) Ownership or Indirect (Instr. 4)

(Instr. 3)		any (Month/Day/Year)	Code (Instr.	8)	(Instr. 3, 4 ar	nd 5)		Beneficially Owned Following	Form: Direct (D) or Indirect	Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	
Common Stock	03/15/2011		J	V	12.6216 (1)	A	\$ 35.78	4,528.6216	D	
Common Stock	06/15/2011		J	V	12.3261 (1)	A	\$ 36.74	4,540.9477	D	
Common Stock	01/26/2012		F		7,331 <u>(2)</u>	D	\$ 32.36	19,481.9477	D	
Common Stock	03/15/2011		J	V	6.1313 (3)	A	\$ 35.061	2,155.7346	I	by 401(k)
Common Stock	04/07/2011		J	V	188.8295 (3)	A	\$ 38.924	2,344.5641	I	by 401(k)

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Common Stock	06/15/2011	J	V	6.3287 <u>(3)</u>	A	\$ 37.0469	2,350.8928	I	by 401(k)
Common Stock	09/15/2011	J	V	7 8.8833 <u>(3)</u>	A	\$ 26.4642	2,359.7761	I	by 401(k)
Common Stock	12/15/2011	J	V	8.537 <u>(3)</u>	A	\$ 27.6422	2,368.3131	I	by 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of rlying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
			Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address			Relationships	
	Director	10% Owner	Officer	Other

Schmidt Herbert J
1717 NW 21ST AVE
EVP & President - CNT

PORTLAND, OR 97209

Signatures

By: Jessica Carbullido For: Herbert J. 01/30/2012 Schmidt

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired under a Con-way dividend reinvestment plan.
- (2) These shares were withheld to cover income taxes on a restricted stock unit award that vested on January 26, 2012.
- (3) These shares were acquired under the Con-way Retirement Savings Plan either as matching contributions or in lieu of cash dividends.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.