

INNOVATIVE FOOD HOLDINGS INC  
Form SC 13G/A  
July 16, 2018

UNITED STATES

SECURITIES AND EXCHANGE COMMISSION

WASHINGTON, D.C. 20549

SCHEDULE 13G

UNDER THE SECURITIES EXCHANGE ACT OF 1934

(AMENDMENT NO. 3)

INNOVATIVE FOOD HOLDINGS, INC.

(Name of Issuer)

COMMON STOCK, \$.0001 PAR VALUE

(Title of Class of Securities)

45772H202

(CUSIP Number)

July 13, 2018

(DATE OF EVENT WHICH REQUIRES FILING OF THIS STATEMENT)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed: Rule 13d-1(c)

\* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

(Continued on following page(s))

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	NAMES OF REPORTING PERSON
	S.S. OR I.R.S.
1.	IDENTIFICATION NO. OF ABOVE PERSON
	Alpha Capital Anstalt
	CHECK THE APPROPRIATE
2.	BOX IF A (a)
	MEMBER OF A GROUP:
	(b)
3.	SEC USE ONLY
4.	CITIZENSHIP OR PLACE OF ORGANIZATION
	Liechtenstein
	SOLE VOTING POWER –
5.	575,296 shares of Common Stock *
	SHARED VOTING POWER –
6.	None
	SOLE DISPOSITIVE POWER –
7.	575,296 shares of Common Stock *
	SHARED DISPOSITIVE POWER –
8.	None
9.	AGGREGATE AMOUNT BENEFICIALLY OWNED BY EACH REPORTING PERSON –

NUMBER OF SHARES BENEFICIALLY OWNED BY EACH REPORTING PERSON

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575,296 shares of Common  
Stock \*

10. CHECK BOX IF THE  
AGGREGATE  
AMOUNT IN ROW (9)  
EXCLUDES CERTAIN  
SHARES

11. PERCENT OF CLASS  
REPRESENTED BY  
AMOUNT IN ROW 9  
1.70% \*

12. TYPE OF REPORTING  
PERSON  
CO

\* Based on 33,805,348 shares outstanding as disclosed on Form 10-Q for the period ended March 31, 2018

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ITEM 1 (a) NAME OF ISSUER: Innovative Food Holdings, Inc., a Florida corporation

ITEM 1 (b) ADDRESS OF ISSUER'S PRINCIPAL EXECUTIVE OFFICES:

26411 Race Track Road, Bonita Springs, FL 34135

ITEM 2 (a) NAME OF PERSON FILING: Alpha Capital Anstalt

ITEM 2 (b) ADDRESS OF PRINCIPAL BUSINESS OFFICE OR, IF NONE, RESIDENCE:

Lettestrasse 32, 9490 Vaduz, Liechtenstein

ITEM 2 (c) CITIZENSHIP: Liechtenstein

ITEM 2 (d) TITLE OF CLASS OF SECURITIES: Common Stock, \$.0001 par value

ITEM 2 (e) CUSIP NUMBER: 45772H202

ITEM 3 IF THIS STATEMENT IS FILED PURSUANT TO RULE 13D-1(B) OR 13D-2(B): Not applicable

ITEM 4 OWNERSHIP

(a) AMOUNT BENEFICIALLY OWNED: 575,296 shares of Common Stock \*

(b) PERCENT OF CLASS: 1.70% \*

(c) NUMBER OF SHARES AS TO WHICH SUCH PERSON HAS:

(i) SOLE POWER TO VOTE OR DIRECT THE VOTE

575,296 Shares

(ii) SHARED POWER TO VOTE OR DIRECT THE VOTE

0 Shares

(iii) SOLE POWER TO DISPOSE OR TO DIRECT THE DISPOSITION OF

575,296 Shares

(iv) SHARED POWER TO DISPOSE OR TO DIRECT THE DISPOSITION OF

0 Shares

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ITEM 5 OWNERSHIP OF FIVE PERCENT OR LESS OF A CLASS

Alpha Capital Anstalt's ownership is now under 5%.

ITEM 6 OWNERSHIP OF MORE THAN FIVE PERCENT ON BEHALF OF ANOTHER PERSON

Not applicable

ITEM 7 IDENTIFICATION AND CLASSIFICATION OF THE SUBSIDIARY WHICH ACQUIRED THE SECURITY BEING REPORTED ON BY THE PARENT HOLDING COMPANY

Not applicable

ITEM 8 IDENTIFICATION AND CLASSIFICATION OF MEMBERS OF A GROUP

Not applicable

ITEM 9 NOTICE OF DISSOLUTION OF GROUP

Not applicable

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SIGNATURE

After reasonable inquiry and to the best of my knowledge and belief, I certify that the information set forth in this statement is true, complete and correct.

July 13, 2018  
(Date)

/s/ Konrad Ackerman  
(Signature)

Konrad Ackerman, Director  
(Name/Title)