AMERUS GROUP CO/IA

Form 4/A March 22, 2006

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB

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OMB APPROVAL

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Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940

See Instruction 1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * HEITZ MARK V			Syı	2. Issuer Name and Ticker or Trading Symbol AMERUS GROUP CO/IA [AMH]				5. Relationship of Reporting Person(s) to Issuer				
	(Last)	(First) (I	Middle) 3. I	3. Date of Earliest Transaction				(Check all applicable)				
				(Month/Day/Year) 02/24/2006				Director 10% Owner Section Other (specify below) Delow) President&CEO AmerUs Annuity				
(Street)				4. If Amendment, Date Original				6. Individual or Joint/Group Filing(Check				
	TOPEKA,	KS 66601-2039		Filed(Month/Day/Year) 02/28/2006				Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person				
	(City)	(State)	(Zip)	Table I - Non-l	Derivative Se	ecuriti	es Acqui	nired, Disposed of, or Beneficially Owned				
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Dat any (Month/Day/Y	Code	4. Securities oner Disposed (Instr. 3, 4 a	of (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Common Stock	02/27/2006	02/27/2006		2,336.45	A	\$ 25.68	43,583.45	D			
	Common Stock	02/27/2006	02/27/2006	F	702.88	D	\$ 61.1	42,880.57	D			
	Common Stock	02/27/2006	02/27/2006	D	33.57	D	\$ 61.1	42,847	D			
	Common Stock							11,435.31	I	By 401(K)		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Plan

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SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of on Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amo Underlying Secu (Instr. 3 and 4)	
	,			Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	An Nu Sha
Performance Rights (1)	\$ 61.25	02/24/2006	02/24/2006	A	163.27 (2)	(D)	(3)	(3)	Common Stock	1
Performance Rights (1)	\$ 61.25	02/24/2006	02/24/2006	A	326.53		(3)	(3)	Common Stock	3
Performance Rights (1)	\$ 25.68	02/27/2006	02/27/2006	M		2,336.45	(3)(4)	(3)	Common Stock	2,

Reporting Owners

Relationships Reporting Owner Name / Address

> Director 10% Owner Officer Other

HEITZ MARK V ONE AMVESTORS PLACE 555 S. KANSAS AVENUE TOPEKA, KS 66601-2039

President&CEO AmerUs Annuity

Signatures

/s/ Jeananne M. Celander, attorney-in-fact for Mr. 03/22/2006 Heitz

**Signature of Reporting Person

Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- The Company's Management Incentive Plan (MIP), an employee plan exempt under Section 16b-3, provides that employees participating in the plan are eligible to defer a portion of their annual bonus to purchase phantom stock units at a price per unit equal to the fair market value (FMV) of the Company's common stock on the date of purchase. The company will match a specified percentage of the phantom stock units purchased pursuant to the deferral program. Upon vesting, the Company will issue the underlying common stock.
- (2) Company's match on the phantom stock units acquired under the MIP Deferral program.
- On the third anniversary of the employee's deferral, the Company will issue the underlying common stock. The entire Company match is forfeited if the employee's employment terminates prior to the third anniversary of the employee's deferral.

Reporting Owners 2

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(4) These units have vested and have been converted under the terms of the plan.

Remarks:

Amendment to correct clerical error on calculation of tax withholding.

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