THICKPENNY MARK C

Form 4

January 26, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

OMB 3235-0287

OMB APPROVAL

Number:

January 31, Expires: 2005

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

Check this box if no longer subject to Section 16. Form 4 or Form 5

obligations

may continue.

SECURITIES Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section See Instruction

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

THICKPENNY MARK C				Symbol					Iss	Issuer				
(Last) (First) (Middle) 3. Da (Mon					IF INC [CNF] Date of Earliest Transaction onth/Day/Year) 24/2005					(Check all applicable) Director 10% Owner Officer (give titleX Other (specify				
									Deli	below) below) VP-Treasurer				
		(Street)		4. If Amendment, I Filed(Month/Day/Ye			ur) AṛX			. Individual or Joint/Group Filing(Check pplicable Line) X_ Form filed by One Reporting Person _ Form filed by More than One Reporting erson				
	(City)	(State)	(Zip) Table I - Non-Derivative Securities						ties Acquire	d, Disposed of, o	r Beneficially	y Owned		
	1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	Execution any (Month/Da	Date, if	3. Transa Code (Instr.		4. Securitie onDisposed o (Instr. 3, 4 a	f (D)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
	Common Stock (1)	06/15/2004			J	V	1.0662	A	\$ 39.6491	708.3573	I	by 401(k)		
	Common Stock (1)	06/15/2004			J	V	0.7178	A	\$ 39.6491	709.0751	I	by 401(k)		
	Common Stock (1)	07/01/2004			J	V	17.0578	A	\$ 41.4743	726.1329	I	by 401(k)		
	Common Stock (1)	09/01/2004			J	V	1.0557	A	\$ 41.756	727.1886	I	by 401(k)		
	Common Stock (1)	09/01/2004			J	V	0.6833	A	\$ 41.756	727.8719	I	by 401(k)		

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Common Stock (1)	10/01/2004	J	V	16.6894	A	\$ 42.8938	744.5613	I	by 401(k)
Common Stock (1)	12/01/2004	J	V	0.9344	A	\$ 49.08	745.4957	I	by 401(k)
Common Stock (1)	12/01/2004	J	V	0.5827	A	\$ 49.08	746.0784	I	by 401(k)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number on Derivative Securities Acquired (A or Disposed (D) (Instr. 3, 4, and 5)	Expiration I (Month/Day	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amour Underlying Securit (Instr. 3 and 4)	
				Code	V	(A) (l	Date Exercisable	Expiration Date	Title	Amo or Num of Sh	
Non-Qualified Stock Option (right to buy)	\$ 46.02	01/24/2005		A		8,000	(2)	01/24/2015	Common Stock	8,0	
Series B Preferred Stock	<u>(3)</u>	07/01/2004		J	V	2.3668	(3)	(3)	Common Stock	2.30	
Series B Preferred Stock	(3)	07/01/2004		J	V	1.6359	(3)	(3)	Common Stock	1.63	
Series B Preferred Stock	(3)	10/01/2004		J	V	1.4879	(3)	(3)	Common Stock	1.4	
Series B Preferred Stock	(3)	01/03/2005		J	V	2.6	(3)	(3)	Common Stock	2.	

Reporting Owners

Reporting Owner Name / Address	Relationships

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Director 10% Owner Officer Other

THICKPENNY MARK C

VP-Treasurer

Signatures

Mark C.

Thickpenny 01/26/2005

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares were acquired under the CNF Thrift and Stock Plan either as matching contributions or in lieu of cash dividends.
- (2) The option vests in three equal annual installments, beginning on January 1, 2006.
 - These shares were acquired under the CNF Thrift and Stock Plan as matching contributions or in lieu of cash dividends on other Series B preferred. Each Series B share converts to 4.708 shares of common stock at the option of the Trustee. Upon termination of plan
- participation each Series B preferred share, with a market value of \$152.10, is converted to the equivalent number of common shares, but in no event fewer than 4.708 shares.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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