

KITS VAN HEYNINGEN ARENT
 Form 4
 February 24, 2006

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL
 OMB Number: 3235-0287
 Expires: January 31, 2005
 Estimated average burden hours per response... 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 KITS VAN HEYNINGEN ARENT

2. Issuer Name and Ticker or Trading Symbol
 KVH INDUSTRIES INC \DE\ [KVHI]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction (Month/Day/Year)
 02/22/2006

Director 10% Owner
 Officer (give title below) Other (specify below)
 Chairman of the Board

KVH INDUSTRIES, INC., 50 ENTERPRISE CENTER
 (Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 Form filed by More than One Reporting Person

MIDDLETOWN, RI 02842

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code		4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)			
Common Stock	02/22/2006		S		2,657	D	\$ 10.5	334,276	D
Common Stock	02/22/2006		S		1,700	D	\$ 10.51	332,576	D
Common Stock	02/22/2006		S		7,000	D	\$ 10.52	325,576	D
Common Stock	02/22/2006		S		500	D	\$ 10.53	325,076	D
Common Stock	02/22/2006		S		2,300	D	\$ 10.55	322,776	D

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Common Stock	02/22/2006	S	1,500	D	\$ 10.56	321,276	D	
Common Stock	02/22/2006	S	2,893	D	\$ 10.57	318,383	D	
Common Stock	02/22/2006	S	4,120	D	\$ 10.58	314,263	D	
Common Stock	02/22/2006	S	16,400	D	\$ 10.6	297,863	D	
Common Stock	02/22/2006	S	900	D	\$ 10.61	296,963	D	
Common Stock	02/22/2006	S	1,800	D	\$ 10.62	295,163	D	
Common Stock	02/22/2006	S	2,412	D	\$ 10.63	292,751	D	
Common Stock	02/22/2006	S	5,233	D	\$ 10.64	287,518	D	
Common Stock	02/22/2006	S	3,136	D	\$ 10.65	284,382	D	
Common Stock	02/22/2006	S	4,195	D	\$ 10.66	280,187	D	
Common Stock	02/22/2006	S	1,529	D	\$ 10.67	278,658	D	
Common Stock	02/22/2006	S	820	D	\$ 10.68	277,838	D	
Common Stock	02/22/2006	S	505	D	\$ 10.7	277,333	D	
Common Stock	02/22/2006	S	100	D	\$ 10.74	277,233	D	
Common Stock	02/22/2006	S	2,300	D	\$ 10.59	274,933	D	
Common Stock	02/24/2006	J ⁽²⁾	10,000	A	\$ 6.875	284,933	D	
Common Stock	02/24/2006	J ⁽³⁾	500	A	\$ 6.875	243,252	I	By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

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1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Underlying (Instr. 3 and 4)	
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title
Employee Stock Option-Right to Buy	\$ 6.875	02/24/2006		J ⁽¹⁾	10,000	02/28/2005	02/28/2006	Common Stock
Employee Stock Option-Right to Buy	\$ 6.875	02/24/2006		J ⁽⁵⁾	500	02/28/2005	02/28/2006	Common Stock
Employee Stock Option-Right to Buy	\$ 10.54	02/22/2006		J ⁽⁷⁾	12,500	02/22/2007 ⁽⁸⁾	02/22/2011	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
KITS VAN HEYNINGEN ARENT KVH INDUSTRIES, INC. 50 ENTERPRISE CENTER MIDDLETOWN, RI 02842	X		Chairman of the Board	

Signatures

Arent Kits van Heyningen
02/24/2006
 **Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Exercise of a stock option pursuant to the terms & conditions of the company's 1996 Incentive & Non-qualified Stock Option Plan.
- (2) Shares acquired via the exercise of a stock option pursuant to the terms & conditions of the company's 1996 Incentive & Non-qualified Stock Option Plan.
- (3) Shares acquired (by spouse) via the exercise of a stock option pursuant to the terms & conditions of the company's 1996 Incentive & Non-qualified Stock Option Plan.
- (4) Represents total vested/unexercised options "beneficially owned".

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- (5) Exercise of a stock option (by spouse) pursuant to the terms & conditions of the company's 1996 Incentive & Non-qualified Stock Option Plan.
- (6) Represents total vested/unexercised options "beneficially owned" by spouse.
- (7) Stock option grant issued pursuant to the terms & conditions of the company's 2003 Incentive & Non-qualified Stock Option Plan.
- (8) Stock option grant vests in 4 equal annual installments (3125 on 2/22/07; 3125 on 2/22/08; 3125 on 2/22/09; 3125 on 2/22/10).

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