Calhoun Christopher Warren Form 4

May 08, 2012

# FORM 4

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

OMB Number:

3235-0287

Expires:

January 31, 2005

0.5

Estimated average burden hours per

**OMB APPROVAL** 

10% Owner

response...

Section 16. Form 4 or Form 5 obligations may continue.

See Instruction

Check this box

if no longer

subject to

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

1(b).

(Last)

(City)

(Print or Type Responses)

1. Name and Address of Reporting Person \*

Calhoun Christopher Warren

(First)

(Street)

(State)

2. Issuer Name and Ticker or Trading

Symbol

GAIN Capital Holdings, Inc.

[GCAP]

3. Date of Earliest Transaction

(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

\_X\_\_ Director

C/O GAIN CAPITAL HOLDINGS.

(Middle)

(Zip)

05/04/2012 INC., 135 US HIGHWAY 202/206

4. If Amendment, Date Original

Filed(Month/Day/Year)

Other (specify Officer (give title

6. Individual or Joint/Group Filing(Check

Applicable Line) \_X\_ Form filed by One Reporting Person Form filed by More than One Reporting

BEDMINSTER, NJ 07921

(City)	(State)	(Zip) Tabl	le I - Non-I	<b>Derivative</b>	Secu	rities Acqu	ired, Disposed of	, or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	ispose 4 and (A) or	ed of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock (3)	05/04/2012		M	2,626	A	\$ 2.43	26,129 (2)	D	
Common Stock (1)	05/04/2012		S	2,626	D	\$ 5.0008	23,503 (2)	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

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# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		Underlying Securities (Instr. 3 and 4)		8. Price Deriva Securit (Instr.
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Stock Option (Right to Buy)	\$ 2.43	05/04/2012		M	2,626	<u>(4)</u>	<u>(4)</u>	Common Stock	2,626	\$ (

## **Reporting Owners**

Reporting Owner Name / Address	Keiauonsnips						
	Director	10% Owner	Officer	Other			
lhoun Christopher Warren							
O GAIN CAPITAL HOLDINGS, INC.	X						
5 US HIGHWAY 202/206	Λ						

## **Signatures**

BEDMINSTER, NJ 07921

Call C/C

/s/ Christopher W.
Calhoun
05/08/2012

\*\*Signature of Reporting Date
Person

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The shares were sold pursuant to a sales plan dated May 31, 2011, which complies with the requirements of Rule 10b5-1(c)(1) under the Securities and Exchange Act of 1934, as amended.
  - Includes 14,151 shares acquired through a restricted stock unit grant on March 1, 2011, which shares vest on a monthly basis beginning on the first day following Company's 2012 annual meeting of shareholders, and 9,352 shares acquired through a restricted stock award on
- (2) March 23, 2011, which shares vest on a monthly basis beginning on the first day following the Company's 2011 annual meeting of shareholders, or June 16, 2011. As of the date of this report, of such restricted stock units and restricted stock awards, 7,794 shares are vested and 15,709 shares are unvested.
- (3) Reflects shares acquired upon exercise of stock options listed in Table II below pursuant to a sales plan dated May 31, 2011, which complies with the requirements of Rule 10b5-1(c)(1) under the Securities and Exchange Act of 1934, as amended.
- (4) Such stock options were granted on December 30, 2005 and vest ratably over three years, with one-third of the options vesting on each of the first three anniversaries of the grant date. The options have term of ten years. As of the date of this report, 16,496 are vested and 0 are

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unvested.

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