CABOT OIL & GAS CORP

Form 4

February 21, 2012

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB Number: 3235-0287

Estimated average

Check this box if no longer subject to Section 16.

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Expires: January 31, 2005

OMB APPROVAL

Form 4 or Form 5 obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

burden hours per response... 0.5

See Instruction 1(b).

Common

Common

Stock

Stock

02/18/2012

02/19/2012

(Print or Type Responses)

1. Name and Address of Reporting Person * SCHROEDER SCOTT C	2. Issuer Name and Ticker or Trading Symbol CABOT OIL & GAS CORP [COG]			5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 840 GESSNER ROAD, SUITE 1400	3. Date of Earliest Transaction (Month/Day/Year) 02/16/2012			Director 10% Owner Officer (give title Other (specify below)			
(Street)	4. If Amendment, Date Original Filed(Month/Day/Year)			6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
HOUSTON, TX 77024 (City) (State) (Zip)	Table I. No.	Danimatina Carm	:4: A	Person			
1.Title of 2. Transaction Date 2A. De Security (Month/Day/Year) Execut (Instr. 3) any	emed 3.	4. Securities Ador(A) or Disposed (Instr. 3, 4 and (A) or	equired	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect	
Common 02/17/2012 Stock	Code V A <u>(1)</u>	Amount (D) 10,474 A	Price \$ 0	(Instr. 3 and 4) 485,010 (2)	D		
Common Stock 02/17/2012	F(3)	3,818 D	\$ 35.18	481,192	D		
Common Stock 02/18/2012	A(4)	10,074 A	\$ 0	491,266	D		

 $F^{(3)}$

 $A^{(5)}$

3,672

17,780 A

487,594

505,374

35.18

\$0

D

D

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Common Stock $P^{(3)} = 6,481 \quad D \quad \$ \\ 35.18 \quad 498,893 \quad D$ Common Stock $P^{(3)} = 6,481 \quad D \quad \$ \\ 2,100 \quad I \quad Held by Children$

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed or (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amou Underlying Securi (Instr. 3 and 4)	
				Code V	(A) (D	Date Exercisable	Expiration Date	Title	Amo or Nun of S
Performance Shares	\$ 0	02/16/2012		A	21,603	<u>(6)</u>	12/31/2014 <u>(6)</u>	Common	21,
Stock Appreciation Right	\$ 35.18	02/16/2012		A	22,151	<u>(7)</u>	02/16/2019(7)	Common	22,

Reporting Owners

Reporting Owner Name / Address	Keiationsnips				
	Director	10% Owner	Officer	Other	

SCHROEDER SCOTT C 840 GESSNER ROAD, SUITE 1400

Vice Pres., CFO & Treasurer

HOUSTON, TX 77024

Signatures

Deidre L. Shearer, Attorney-in-Fact for Scott C.
Schroeder

02/21/2012

**Signature of Reporting Person Date

Reporting Owners 2

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Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) One-third vesting of a hybrid performance share award made on February 17, 2011.
- (2) The total beneficial ownership has been adjusted to reflect a two-for-one stock split, payable on January 25, 2012.
- (3) Disposition of shares to cover tax liability on the hybrid performance share vesting.
- (4) One-third vesting of hybrid performance share award made on February 18, 2010.
- (5) One-third vesting of hybrid performance share award made on February 19, 2009.
 - The performance shares provide for payment in common stock and cash in an amount ranging from 0-200% of the performance shares
- (6) awarded, based upon certain performance criteria over a three year performance period, beginning January 1, 2012 and ending December 31, 2014.
- (7) SAR becomes exerciseable for common stock in increments of one-third on each of the first three anniversaries of the date of grant.

Remarks:

Exhibit List: Exhibit Number 24, Power of Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.