Vituli Alan Form 4 November 14, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

Check this box if no longer subject to Section 16.

Form 4 or

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

2. Issuer Name and Ticker or Trading

CARROLS RESTAURANT

GROUP, INC. [TAST]

3. Date of Earliest Transaction

OMB APPROVAL

OMB Number: 3235-0287

Expires: January 31, 2005

_ 10% Owner

Estimated average burden hours per response... 0.5

5. Relationship of Reporting Person(s) to

(Check all applicable)

Issuer

_X__ Director

Y Officer (give title

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

Symbol

1(b).

Vituli Alan

(Last)

(Print or Type Responses)

1. Name and Address of Reporting Person *

(First)

(Middle)

968 JAMES	· ·	(Month/Day/Year) 11/12/2008					_X_ Officer (give title Other (specify below) CEO & Chairman of the Board			
	(Street)		ndment, Date Original				6. Individual or Joint/Group Filing(Check			
		Filed(Mor	nth/Day/Year)				Applicable Line) _X_ Form filed by One Reporting Person			
SYRACUS	E, NY 13203						Form filed by More than One Reporting Person			
(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)			
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)			
Common Stock, \$0.01 par value	11/12/2008		P	10,000	A	\$ 1.61	100,000	I	See Footnote (1)	
Common Stock, \$0.01 par value	11/12/2008		P	10,000	A	\$ 1.63	110,000	I	See Footnote (1)	
Common Stock, \$0.01 par value	11/12/2008		P	10,000	A	\$ 1.65	120,000	I	See Footnote (1)	

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Common Stock, \$0.01 par value	11/12/2008	P	10,000	A	\$ 1.67	130,000	I	See Footnote (1)
Common Stock, \$0.01 par value	11/12/2008	P	10,000	A	\$ 1.69	140,000	I	See Footnote (1)
Common Stock, \$0.01 par value	11/13/2008	P	300	A	\$ 1.6	143,000	I	See Footnote (1)
Common Stock, \$0.01 par value						1,373,772	I	See Footnote

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

(9-02)

9. Nu Deriv Secu Bene Own Follo Repo Trans (Insti

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exerc	cisable and	7. Titl	e and	8. Price of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transacti	orNumber	Expiration D	ate	Amou	ınt of	Derivative
Security	or Exercise		any	Code	of	(Month/Day/	Year)	Under	lying	Security
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e		Securi	ities	(Instr. 5)
	Derivative				Securities			(Instr.	3 and 4)	
	Security				Acquired					
					(A) or					
					Disposed					
					of (D)					
					(Instr. 3,					
					4, and 5)					
									Amount	
									or	
						Date	Expiration	Title	Number	
						Exercisable	Date	Title	of	
				Code V	(A) (D)				Shares	
				Code v	(A) (D)				Shares	

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 0	Director	10% Owner	Officer	Other				
Vituli Alan 968 JAMES STREET	X		CEO & Chairman of the Board					

Reporting Owners 2 SYRACUSE, NY 13203

Signatures

/s/ Alan Vituli 11/14/2008

**Signature of Date
Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All shares of Common Stock are held by CJN Enterprises of which Mr. Vituli is a general partner. All shares of Common Stock are deemed to be held by Mr. Vituli for purposes of Section 16 of the Securities and Exchange Act of 1934, as amended.
- (2) All shares of Common Stock are held by the Vituli Family Trust and are deemed to be held by Mr. Vituli for purposes of Section 16 of the Securities and Exchange Act of 1934, as amended.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3