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CONTINE Form 4 July 31, 200	NTAL RESOURC	CES INC									
FORM		STATE:	SECU	DITIES		VCII	ANCEC	OMMISSION		APPROVAL	
	UNITED	SIAIES		ashingtor				UNINII5510N	OMB Number:	3235-0287	
Check t			January 31,								
if no los subject Section Form 4	to SIATEN 16. or			SECU	RITIES			NERSHIP OF	Expires: Estimated burden ho response.	2005 average urs per	
Form 5 obligations may continue.Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 19401(b).30(h) of the Investment Company Act of 1940											
(Print or Type	Responses)										
1. Name and Hamm Hai	Address of Reporting rold	Person [*]	Symbol	er Name an			-	5. Relationship of Reporting Person(s) to Issuer			
			[CLR]	INENTA	L RESC	URC	ES INC	(Check all applicable)			
				of Earliest 7 Day/Year)	Fransactio	n		X DirectorX 10% Owner X Officer (give title Other (specify below) CEO, Chairman			
				2008							
				endment, I onth/Day/Ye	-	nal		6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting			
	15102							Person			
(City)	(State)	(Zip)	Tal	ole I - Non-	Derivativ	e Secu	irities Acq	uired, Disposed of	, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)		Date, if	Code (Instr. 8)	4. Securi on(A) or D (Instr. 3,	4 and (A) or	d of (D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	7 mount	(D)	Thee			Revocable	
Common Stock	07/30/2008			Р	1,200	A	\$ 57.67	123,178,118 (1)	Ι	Inter Vivos Trust of Harold G. Hamm (2)	
Common Stock	07/30/2008			Р	100	A	\$ 57.68	123,178,218 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)	
	07/30/2008			Р	200	А	\$ 57.69		Ι		

Common Stock						123,178,418 (1)		Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	900	А	\$ 57.7	123,179,318 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	300	A	\$ 57.73	123,179,618 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	900	A	\$ 57.74	123,180,518 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	A	\$ 57.75	123,180,718 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	A	\$ 57.79	123,180,818 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	A	\$ 57.81	123,181,018 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	300	А	\$ 57.82	123,181,318 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	A	\$ 57.83	123,181,418 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
	07/30/2008	Р	200	А	\$ 57.84		Ι	

Common Stock						123,181,618 (1)		Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	300	A	\$ 57.86	123,181,918 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	500	A	\$ 57.87	123,182,418 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	1,100	A	\$ 57.88	123,183,518 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	A	\$ 57.89	123,183,618 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	903	A	\$ 57.9	123,184,521 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	200	A	\$ 57.91	123,184,721 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	1,300	A	\$ 57.92	123,186,021 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	300	А	\$ 57.93	123,186,321 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
	07/30/2008	Р	200	А	\$ 57.96		Ι	

Common Stock						123,186,521 (1)		Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	220	A	\$ 58	123,186,741 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	A	\$ 58.025	123,186,841 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	500	А	\$ 58.05	123,187,341 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	400	А	\$ 58.1	123,187,741 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	100	A	\$ 58.19	123,187,841 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	300	A	\$ 58.2	123,188,141 (1)	I	Revocable Inter Vivos Trust of Harold G. Hamm (2)
Common Stock	07/30/2008	Р	2,567	A	\$ 58.21	123,190,708 (1)	Ι	Revocable Inter Vivos Trust of Harold G. Hamm (2)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
 (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Addre	SS	Relationships									
Treporting O When I tunio / I tunio	Director	10% Owner	Officer	Other							
Hamm Harold P. O. BOX 1032 302 N. INDEPENDENCE ENID, OK 73702	Х	Х	CEO, Chairman								
Signatures											
Harold Hamm	07/31/2008										

Reporting Person Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

Date

- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Includes 73,337 shares of restricted common stock which vest on October 5, 2008 and 160,000 shares of restricted common stock which vest 50% on each of October 5, 2009 and October 5, 2010.
- (2) Mr. Hamm holds the shares through the Revocable Inter Vivos Trust of Harold G. Hamm, for which Mr. Hamm is both the Trustee and sole beneficiary.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

**Signature of