

Item 5.02 Departure of Directors or Certain Officers; Election of Directors; Appointment of Certain Officers; Compensatory Arrangements of Certain Officers.

On November 9, 2017, Nature's Sunshine Products, Inc. (the "Company"), accepted the resignation of Mr. Richard D. Strulson as the Company's Executive Vice President, General Counsel, Chief Compliance Officer and Secretary. Mr. Strulson, who resigned to pursue another opportunity, will remain with the Company until December 1, 2017.

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

NATURE'S
SUNSHINE
PRODUCTS, INC.

Dated: November 14, 2017