SENIOR HOUSING PROPERTIES TRUST Form SC 13G February 04, 2011

SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13G

(Rule 13d-102)

Under the Securities Exchange Act of 1934

Five Star Quality Care, Inc.

(Name of Issuer)

Common Stock

(Title of Class of Securities)

33832D106

(CUSIP Number)

December 31, 2010

(Date of Event Which Requires Filing of this Statement)

Check the appropriate box to designate the rule pursuant to which this Schedule is filed:

o Rule 13d-1(b)

- x Rule 13d-1(c)
- o Rule 13d-1(d)

*The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter the disclosures provided in a prior cover page.

The information required in the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

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Names of Reporting Persons Senior Housing Properties Trust		
Check the Appropriate Box if a Member (a) o (b) o	r of a Group* (See Instructions)	
SEC Use Only		
Citizenship or Place of Organization Maryland		
5.	Sole Voting Power 3,235,000	
6.	Shared Voting Power 0	
7.	Sole Dispositive Power 3,235,000	
8.	Shared Dispositive Power 0	
Aggregate Amount Beneficially Owned 3,235,000	by Each Reporting Person	
Check if the Aggregate Amount in Row (9) Excludes Certain Shares (See Instructions) o		
Percent of Class Represented by Amour 9.1%	nt in Row (9)	
Type of Reporting Person (<i>See</i> Instruction OO	ons)	
	Senior Housing Properties Trust Check the Appropriate Box if a Member (a) 0 (b) 0 SEC Use Only Citizenship or Place of Organization Maryland 5. 6. 7. 8. Aggregate Amount Beneficially Owned 3,235,000 Check if the Aggregate Amount in Row Percent of Class Represented by Amour 9.1%	

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1.	Names of Reporting Persons Reit Management & Research LLC		
2.	Check the Appropriate Box if a Member (a) o (b) o	of a Group* (See Instructions)	
3.	SEC Use Only		
4.	Citizenship or Place of Organization Delaware		
NUMBER OF	5.	Sole Voting Power 0	
SHARES BENEFICIALLY OWNED BY	6.	Shared Voting Power 0	
EACH REPORTING PERSON WITH	7.	Sole Dispositive Power 0	
	8.	Shared Dispositive Power 0	
9.	Aggregate Amount Beneficially Owned 0	by Each Reporting Person	
10.	Check if the Aggregate Amount in Row	(9) Excludes Certain Shares (See Instructions) x	
11.	Percent of Class Represented by Amoun 0%	t in Row (9)	
12.	Type of Reporting Person (See Instruction OO)	ons)	

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1.	Names of Reporting Persons			
	Reit Management & Research Trust			
2. Check the Appropriate Box if a Member of a Group* (<i>See</i> Instructions)			of a Group* (See Instructions)	
	(a)	0		
	(b)	0		
3.	SEC Use Only			
4.	Citizenship or Place of C	Organization		
	Massachusetts			
NUMBER OF	5.		Sole Voting Power 0	
SHARES BENEFICIALLY OWNED BY	6.		Shared Voting Power 0	
EACH REPORTING PERSON WITH	7.		Sole Dispositive Power 0	
	8.		Shared Dispositive Power 0	
9.	Aggregate Amount Ben 0	eficially Owned I	by Each Reporting Person	
10.	Check if the Aggregate Amount in Row (9) Excludes Certain Shares (See Instructions) x			
11.	Percent of Class Represe 0%	ented by Amount	in Row (9)	
12.	Type of Reporting Perso OO	on (See Instructio	ns)	

CUSIP No. 338321	0106			13G	Page 5 of 12 Pages
1.	Names of Reporting P Barry M. Portnoy	ersons			
2.	Check the Appropriate (a) (b)	e Box if a Membe o o	er of a Group* (See Instructions)		
3.	SEC Use Only				
4.	Citizenship or Place or United States	f Organization			
NUMBER OF	5.		Sole Voting Power 179,122		
SHARES BENEFICIALLY OWNED BY	6.		Shared Voting Power 0		
EACH REPORTING PERSON WITH	7.		Sole Dispositive Power 179,122		
	8.		Shared Dispositive Power 0		
9.	Aggregate Amount Be 179,122	eneficially Owner	d by Each Reporting Person		
10.	Check if the Aggregat	e Amount in Rov	w (9) Excludes Certain Shares (See	e Instructions) x	
11.	Percent of Class Repre Less than 1%	esented by Amou	int in Row (9)		
12.	Type of Reporting Per IN	son (<i>See</i> Instruct	ions)		

CUSIP No. 338321	0106			13G	Page 6 of 12 Pages
1.	Names of Reporting P Adam D. Portnoy	ersons			
2.	Check the Appropriate (a) (b)	e Box if a Membe o o	er of a Group* (See Instructions)		
3.	SEC Use Only				
4.	Citizenship or Place of United States	f Organization			
NUMBER OF	5.		Sole Voting Power 43,000		
SHARES BENEFICIALLY OWNED BY	6.		Shared Voting Power 0		
EACH REPORTING PERSON WITH	7.		Sole Dispositive Power 43,000		
	8.		Shared Dispositive Power 0		
9.	Aggregate Amount Be 43,000	neficially Owned	d by Each Reporting Person		
10.	Check if the Aggregat	e Amount in Rov	v (9) Excludes Certain Shares (See	Instructions) x	
11.	Percent of Class Repre Less than 1%	esented by Amou	nt in Row (9)		
12.	Type of Reporting Per IN	son (<i>See</i> Instruct	ions)		

Explanatory Note: The Reporting Persons (as defined below) are filing this Schedule 13G pursuant to Rules 13d-1(c) and 13d-1(h) under the Securities Exchange Act of 1934, as amended. This Schedule 13G shall be deemed to amend the Schedule 13D filed by the Reporting Persons on May 14, 2010, as previously amended on June 16, 2010.

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Item 1(a). Item 1(b).	Five Sta Addres	f Issuer: r Quality Care, Inc. s of Issuer s Principal Executive Offices: tre Street	
Item 2(a).		Massachusetts 02458 f Person Filing:	
	This Sta	tement is filed on behalf of each of the following perso	ons (collectively, the Reporting Persons):
	(1)	Senior Housing Properties Trust (SNH)	
	(2)	Reit Management & Research LLC (RMR)(the ma	anager of SNH)
Chairman, majority beneficial owner an	d a truste trustee of ner and a Addres	SNH, the President and Chief Executive Officer and a	and a director of RMR, and the
	Two Ne	wton Place	
Item 2(c).	Newton Citizen	shington Street, Suite 300 Massachusetts 02458 hip: a Maryland real estate investment trust.	
	RMR is	a Delaware limited liability company.	
	RMR T	ust is a Massachusetts business trust.	
	Barry M	. Portnoy is a United States citizen.	

Item 2(d).

Item 2(e).

Adam D. Portnoy is a United States citizen. **Title of Class of Securities:** Common Stock, \$.01 par value per share **CUSIP Number:** 33832D106

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Item 3.	If the statement is bein Not applicable.	ng filed pursuant to Rule	13d-1(b) or 13d-2(b) or (c), check whether the filing person is a:
	(a)	0	Broker or dealer registered under section 15 of the Act (15 U.S.C. 780);
	(b)	0	Bank as defined in section 3(a)(6) of the Act (15 U.S.C. 78c);
	(c)	0	Insurance company as defined in section 3(a)(19) of the Act (15 U.S.C. 78c);
	(d)	0	Investment company registered under section 8 of the Investment Company
			Act of 1940 (15 U.S.C. 80a-8);
	(e)	0	An investment adviser in accordance with § 240.13d-1(b)(1)(ii)(E);
	(f)	0	An employee benefit plan or endowment fund in accordance with §
			240.13d-1(b)(1)(ii)(F);
	(g)	0	A parent holding company or control person in accordance with §
			240.13d-1(b)(1)(ii)(G);
	(h)	0	A savings association as defined in Section 3(b) of the Federal Deposit
			Insurance Act (12 U.S.C. 1813);
	(i)	0	A church plan that is excluded from the definition of an investment company
			under section 3(c)(14) of the Investment Company Act (15 U.S.C. 80a-3);
	(j)	0	A non-U.S. institution in accordance with § 240.13d 1(b)(1)(ii)(J);
	(k)	0	Group, in accordance with § 240.13d 1(b)(1)(ii)(K).

If filing as a non-U.S. institution in accordance with 240.13d 1(b)(1)(ii)(J), please specify the type of institution:

Item 4.

Ownership.

(a) Amount beneficially owned:

SNH beneficially owns 3,235,000 Shares of Common Stock of the Issuer, of which it acquired 3,200,000 Shares pursuant to a lease realignment agreement with the Issuer, entered into on August 4, 2009, and of which the remaining 35,000 Shares were retained by SNH following its December 31, 2001 spinoff of the Issuer.

Neither RMR nor RMR Trust holds any Shares of Common Stock of the Issuer. RMR, as manager of SNH, and RMR Trust, as the sole member of RMR, may, under applicable regulatory definitions, be deemed to beneficially own (and have shared voting and dispositive power over) the 3,235,000 Shares of Common Stock beneficially owned by SNH, but each disclaims such beneficial ownership.

Mr. Barry Portnoy beneficially owns 179,122 Shares of Common Stock of the Issuer. Mr. Adam Portnoy beneficially owns 43,000 Shares of Common Stock of the Issuer (of which 19,600 are subject to vesting requirements and will become fully vested, subject to the lapse of certain contingencies, annually through 2014). In their respective positions with RMR and RMR Trust described in Item 2(a) above, Mr. Barry Portnoy and Mr. Adam Portnoy may also be deemed to beneficially own (and have shared voting and dispositive power over) the 3,235,000 Shares of Common Stock beneficially owned by SNH, but each disclaims such beneficial ownership.

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(b) Percent of class:

SNH beneficially owns approximately 9.1% of the Issuer s Common Stock.

Each of Mr. Barry Portnoy and Mr. Adam Portnoy beneficially owns less than 1% of the Issuer s Common Stock, and RMR and RMR Trust beneficially own none of the Issuer s Common Stock. Reference is made to Item 4(a) above as to the Issuer s Common Stock beneficially owned by SNH that may, under applicable regulatory definitions, be deemed to be beneficially owned by RMR, RMR Trust, Mr. Barry Portnoy or Mr. Adam Portnoy. If all such Shares of Common Stock were beneficially owned by such persons, their respective percentage beneficial ownership of the Issuer s Common Stock would be approximately 9.1%, 9.1%, 9.6% and 9.2%.

(c) Number of shares as to which the Reporting Persons have:

(i) Sole power to vote or direct the vote:

SNH:	3,235,000
RMR:	0
RMR Trust:	0
Barry M. Portnoy:	179,122
Adam D. Portnoy:	43,000

(ii) Shared power to vote or direct the vote:

SNH:	0
RMR:	0
RMR Trust:	0
Barry M. Portnoy:	0
Adam D. Portnoy:	0

(iii) Sole power to dispose or to direct the disposition of:

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SNH:	3,235,000
RMR:	0
RMR Trust:	0
Barry M. Portnoy:	179,122
Adam D. Portnoy:	43,000
(iv) Shared power to	dispose or to direct the disposition of:
SNH:	0
RMR:	0

0

RMR Trust:

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Barry M. Portnoy:	0
Adam D. Portnoy:	0

Reference is made to Item 4(a) above as to the Issuer s Common Stock beneficially owned by SNH which may, under applicable regulatory definitions, be deemed to be beneficially owned by RMR, RMR Trust, Mr. Barry Portnoy or Mr. Adam Portnoy.

Item 5.	Ownership of Five Percent or Less of a Class.
	Not applicable.
Item 6.	Ownership of More than Five Percent on Behalf of Another Person.
	Not applicable.
Item 7.	Identification and Classification of the Subsidiary Which Acquired the Security Being Reported on By the Parent Holding Company or Control Person.
	Not applicable.
Item 8.	Identification and Classification of Members of the Group.
	Not applicable.
Item 9.	Notice of Dissolution of Group.
	Not applicable.
Item 10.	Certification.

By signing below I certify that, to the best of my knowledge and belief, the securities referred to above were not acquired and are not held for the purpose of or with the effect of changing or influencing the control of the issuer of the securities and were not acquired and are not held in connection with or as a participant in any transaction having that purpose or effect.

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SIGNATURES

After reasonable inquiry and to the best of the knowledge and belief of the undersigned, the undersigned certifies that the information set forth in this statement is true, complete and correct.

February 4, 2011 (Date)

SENIOR HOUSING PROPERTIES TRUST

/s/ Richard A. Doyle (Signature)

Richard A. Doyle, Treasurer and Chief Financial Officer (Name/Title)

REIT MANAGEMENT & RESEARCH LLC

/s/ Adam D. Portnoy (Signature)

Adam D. Portnoy, President and Chief Executive Officer (Name/Title)

REIT MANAGEMENT & RESEARCH TRUST

/s/ Adam D. Portnoy (Signature)

Adam D. Portnoy, President and Chief Executive Officer (Name/Title)

BARRY M. PORTNOY

/s/ Barry M. Portnoy (Signature)

ADAM D. PORTNOY

/s/ Adam D. Portnoy

(Signature)

Attention. Intentional misstatements or omissions of fact constitute Federal criminal violations (see 18 U.S.C. 1001).

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EXHIBIT INDEX

Exhibit Description

99(a) Joint Filing Agreement, dated as of May 14, 2010, by and among Senior Housing Properties Trust, Reit Management & Research LLC, Reit Management & Research Trust, Barry M. Portnoy and Adam D. Portnoy.*

*Included as Exhibit 99.1 to the Schedule 13D filed May 14, 2010.