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BURDICK HENRY

Form 3

December 15, 2004

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, response... Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting

Person *

 BURDICK HENRY

(Last)

(First)

(Middle)

Statement

(Month/Day/Year)

12/15/2004

2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol

HERBALIFE LTD. [HLF]

4. Relationship of Reporting Person(s) to Issuer

5. If Amendment, Date Original

Filed(Month/Day/Year)

C/O HERBALIFE INTERNATIONAL, INC.. 1800 CENTURY PARK

EAST

(Street)

(Check all applicable)

10% Owner _X_ Director Officer Other (give title below) (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting

Person

Form filed by More than One

Reporting Person

LOS ANGELES, CAÂ 90067

(City) (State) (Zip) Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security

(Instr. 4)

2. Amount of Securities Beneficially Owned (Instr. 4)

Ownership Form:

4. Nature of Indirect Beneficial Ownership

Â

(Instr. 5) Direct (D) or Indirect

(Instr. 5)

Common Stock 284,090 D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)

2. Date Exercisable and **Expiration Date** (Month/Day/Year)

3. Title and Amount of Securities Underlying Derivative Security

Conversion Ownership or Exercise Form of

6. Nature of Indirect Beneficial Ownership (Instr. 5)

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	Date Exercisable	Expiration Date	(Instr. 4) Title	Amount or Number of Shares	Price of Derivative Security	Derivative Security: Direct (D) or Indirect (I) (Instr. 5)	
Non-Qualified Stock Option	(1)	12/04/2012	Common Stock	25,000	\$ 0.88	I	Beneficially owned by Burdick Family Trust
Non-Qualified Stock Option	(2)	12/04/2012	Common Stock	150,000	\$ 0.88	I	Beneficially owned by Burdick Family Trust
Non-Qualified Stock Option	(3)	05/01/2013	Common Stock	40,000	\$ 0.88	D	Â
Non-Qualified Stock Option	(1)	12/04/2012	Common Stock	25,000	\$ 3.52	I	Beneficially owned by Burdick Family Trust
Non-Qualified Stock Option	(2)	12/04/2012	Common Stock	150,000	\$ 3.52	I	Beneficially owned by Burdick Family Trust
Non-Qualified Stock Option	(4)	05/01/2013	Common Stock	40,000	\$ 3.52	D	Â
Non-Qualified Stock Option	(4)	05/01/2013	Common Stock	40,000	\$ 10.56	D	Â
Non-Qualified Stock Option	(4)	05/01/2013	Common Stock	40,000	\$ 17.6	D	Â
Non-Qualified Stock Option	(4)	05/01/2013	Common Stock	40,000	\$ 24.64	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
BURDICK HENRY						
C/O HERBALIFE INTERNATIONAL, INC.	ÂX	Â	Â	Â		
1800 CENTURY PARK EAST						
LOS ANGELES, CA 90067						

Signatures

/s/ Vicki Tuchman, by power of attorney 12/15/2004

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**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Options vest 5% on issuance on 12/4/02 and thereafter in quarterly 5% increments commencing on 12/31/02.
 - Options vest 50,000 upon the establishment of the Scientific Advisory Board of Herbalife International, Inc., to the reasonable
- (2) satisfaction of the Board of Directors; 50,000 upon the restructuring of the Medical Advisory Board of Herbalife International, Inc., to the reasonable satisfaction of the Board of Directors; and 50,000 upon the restructuring of the product development process for Herbalife and its subsidiaries, to the reasonable satisfaction of the Board of Directors.
- (3) Options vest in two equal increments on 5/1/04 and on 5/1/05.
- (4) Options vest 20% on 5/1/04 and quarterly thereafter in 5% increments beginning 9/30/04.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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